

I. Review

- World's Way or God's Way

Galatians 5:19-21 New Living Translation

¹⁹ When you follow the desires of your sinful nature, the results are very clear: sexual immorality, impurity, lustful pleasures, ²⁰ idolatry, sorcery, hostility, quarreling, jealousy, outbursts of anger, selfish ambition, dissension, division, ²¹ envy, drunkenness, wild parties, and other sins like these. Let me tell you again, as I have before, that anyone living that sort of life will not inherit the Kingdom of God.

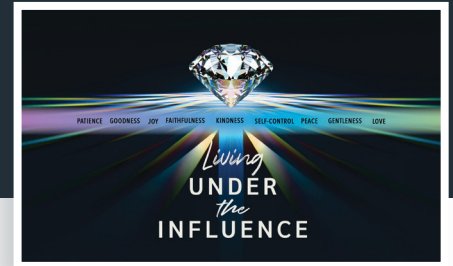
- It is the HOLY SPIRIT that produces the fruit not me.
- It is a singular core with different parts not 13 different productions going on.
- It is in me, but it is not for me alone.
- We have let others define what words mean – kindness is great example.
- Patience – Jesus did not say TRY HARDER, He said “Remain in Me”
- Self-control..... wow, please no. Spirit control, yes!
- Peace is not the absence of “_____” it is the presence of Jesus in me/my life.

II. Living Under the Influence – Gentleness

Galatians 5:22-25 New Living Translation

²² But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, ²³ gentleness, and self-control. There is no law against these things!

²⁴ Those who belong to Christ Jesus have nailed the passions and desires of their sinful nature to his cross and crucified them there. ²⁵ Since we are living by the Spirit, **let us follow** the Spirit's leading in every part of our lives.



- When I think of gentleness, I think of _____.
- Remember – God has already defined the fruit and Jesus is the picture of that.
- And the word became flesh and dwelt among us, and we saw his glory
- It is actually STRENGTH, but a qualified strength.
- Gentleness is strength governed, not strength removed.

James 1:19-20 New Living Translation

¹⁹ Understand this, my dear brothers and sisters: You must all be quick to listen, slow to speak, and slow to get angry. ²⁰ Human anger^[a] does not produce the righteousness^[b] God desires.

III. Gentleness is a response for the benefit of others

- Hot water test or the Tea Bag Test.

Proverbs 15:1 New Living Translation A gentle answer deflects anger, but harsh words make tempers flare

1 Peter 3:15 New Living Translation ¹⁵ Instead, you must worship Christ as Lord of your life. And if someone asks about your hope as a believer, always be ready to explain it.

- You can say the RIGHT thing the WRONG way.
- How you talk, your accent, will usually give you away.

IV. Making a Difference

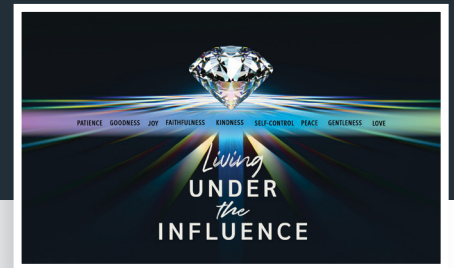
- Sometimes It is not enough that I am not just trying to make a point: I want them to feel my point; then even deeper am I making a point or making a difference?
- Maybe the most SPIRIT LED thing I can do is to: Lower my voice, think before I send the text, check my sarcasm meter, and remember I want people to know WHO I belong to, more than I want people to KNOW what I THINK.



Living Under the Influence

Part 8 - Pastor John Jose
August 23, 2026

Part Eight – Gentleness



- Truth does not change.
 - Control shifts from me to Holy Spirit.
- V. Jesus as the Picture of Gentleness

Matthew 11:29 New Living Translation

²⁹ Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls.

Ephesians 4:2 New Living Translation

² Always be humble and gentle. Be patient with each other, making allowance for each other's faults because of your love

- The Holy Spirit does not erase your personality, He actually amplifies it but with his power and control and it is for the benefit of others, as much as it is for you.
- Gentleness is not weakness – it is POWER and STRENGTH wrapped in PEACE

Next week..... Pastor Brian and L O V E !