



I. INTRO

A. Overflow

Romans 15:13 (NLT) I pray that God, the source of hope, will fill you completely with joy and peace because you trust in him. Then you will overflow with confident hope through the power of the Holy Spirit.

Overflow: The excess or surplus not able to be accommodated by an available space.

- Most people are living in a deficit, not overflow
- B. Paul gives us a blueprint to follow
- God is our source
 - Filling comes before overflowing
 - Trust is a prerequisite
 - Then we Overflow
- C. All of this takes the help of the Holy Spirit
- Don't let the crazy get to you

II. WHAT IS CRAZY?

- A. What is crazy?
- B. There are people that give off crazy vibes
- Unsteady
 - Chaotic
 - Over the top
 - Relentlessly busy
- C. We're describing the conditions that make life feel overwhelming
- Chaotic circumstances
 - Relentless pressure
 - Confusion and mixed messages
 - Morals are upside-down

Judges 21:25 (NLT) In those days Israel had no king; all the people did whatever seemed right in their own eyes.

III. THE RESULT

- A. The Devil's strategy is to wear you out

Daniel 7:25 (ESV) He shall speak words against the Most High, and shall wear out the saints of the Most High, and shall think to change the times and the law; and they shall be given into his hand for a time, times, and half a time.



B. This is what happens when we let crazy get to us

- Emotional Signals
 - Fear & anxiety
 - Worry & overthinking
 - Discontentment & restlessness
 - Irritability & anger
- Physical & Behavioral Signs
 - Exhaustion or burnout
 - Withdrawal
 - Compulsive distractions
 - Control impulses
- Spiritual Indicators
 - Prayer drought
 - Loss of perspective
 - Hopeless self-talk
- Do any of these sound familiar?

C. These aren't just modern issues, they've been around since the beginning

IV. IN ALL THESE THINGS

A. You can't stop the crazy AROUND you, but it doesn't have to get IN you

Romans 8:35-36 (NLT) Can anything ever separate us from Christ's love? Does it mean he no longer loves us if we have trouble or calamity, or are persecuted, or hungry, or destitute, or in danger, or threatened with death? (As the Scriptures say, "For your sake we are killed every day; we are being slaughtered like sheep.")

B. These weren't hypotheticals. This was daily life

Romans 8:37-39 (NLT) No, despite all these things, overwhelming victory is ours through Christ, who loved us. And I am convinced that nothing can ever separate us from God's love. Neither death nor life, neither angels nor demons, neither our fears for today nor our worries about tomorrow—not even the powers of hell can separate us from God's love. No power in the sky above or in the earth below—indeed, nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord.

C. The crazy doesn't get the final word — Jesus does

- **Pray:** Romans 15:13 Lord, fill me with joy and peace as I trust You today
- **Establish a Crazy Blocker:** Replace the crazy trigger with worship, silence, or prayer
- **Source Check:** When anxiety rises, ask: "What other than God is my source"
- **Declaration:** In all these things, I am more than a conqueror through Him who loves me