



I. REVIEW/INTRO

Psalm 23:4-6 (NKJV) ⁴Yea, though I walk through the valley of the shadow of death, I will fear no evil; For You are with me; Your rod and Your staff, they comfort me. ⁵You prepare a table before me in the presence of my enemies; You anoint my head with oil; My cup runs over. ⁶Surely goodness and mercy shall follow me all the days of my life; And I will dwell in the house of the Lord forever.

- A. The Table for Two
 - **Even though ... I will**

Psalm 23:5 (NKJV) You prepare a table before me in the presence of my enemies; You anoint my head with oil; My cup runs over.

- B. This doesn't make sense

II. TAKING THOUGHTS CAPTIVE

- A. Take every thought captive
 - Identify the lie
 - Bind the thought

2 Corinthians 10:5 (NIV) We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

- Change the lie with the truth
- Memorize scripture

- B. This is how we play offense

Philippians 4:8 (NIV) Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

III. HE'S STILL AT MY TABLE

- A. The two outcomes of sin: Guilt and Shame
 - **Guilt**
 - **The position of being accountable for sins and shortcomings**
 - **Shame**
 - **Shame acknowledges guilt, yet it intertwines the sin with your identity**

- B. Shame is powerfully destructive

- C. A lack of shame is the ultimate description of God's goodness in paradise



IV. GOD PROVIDED AN ANSWER

A. The power of the cross

2 Corinthians 5:21 (NIV) God made him who had no sin to be sin for us, so that in him we might become the righteousness of God.

1 John 1:9 (NIV) If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

B. The enemy won't go quietly

- **If you feel more comfortable with the voice of shame than you do with the voice of our shepherd, you will continually do things to make you feel ashamed**
- **Shame wants to identify you by your scars, but Jesus wants you to identify with His scars**

C. Grace cancels sin and shame

Psalms 23:5 (NKJV) You prepare a table before me in the presence of my enemies; You anoint my head with oil; My cup runs over.

D. An overflowing cup

- **Relationship is everything to Him**