



I. INTRO/REVIEW

- A. The goal of this series has been to reintroduce you to the person of the Holy Spirit
 - If you don't see the Holy Spirit as God, then you're going to treat Him and His work as either something "optional" or "unnecessary"
- B. I have God and Jesus, what more do I need?

John 14:26 (NKJV) But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all things that I said to you.

- C. Where do you need help?
 - **Why wouldn't you accept the help that's available?**
- D. Where did that come from?

II. IT CAME FROM WITHIN

Matthew 12:33-35 (NKJV) ³³“Either make the tree good and its fruit good, or else make the tree bad and its fruit bad; for a tree is known by *its* fruit. ³⁴Brood of vipers! How can you, being evil, speak good things? For out of the abundance of the heart the mouth speaks. ³⁵A good man out of the good treasure of his heart brings forth good things, and an evil man out of the evil treasure brings forth evil things.

- A. What are you filling your life with?
 - Being filled with the Spirit is what happens when the Holy Spirit has the controlling interest in your life.
- B. We all need help

Romans 7:21-25 (TLB) ²¹It seems to be a fact of life that when I want to do what is right, I inevitably do what is wrong. ²²I love to do God's will so far as my new nature is concerned; ²³⁻²⁵but there is something else deep within me, in my lower nature, that is at war with my mind and wins the fight and makes me a slave to the sin that is still within me. In my mind I want to be God's willing servant, but instead I find myself still enslaved to sin. So you see how it is: my new life tells me to do right, but the old nature that is still inside me loves to sin. Oh, what a terrible predicament I'm in! Who will free me from my slavery to this deadly lower nature? Thank God! It has been done by Jesus Christ our Lord. He has set me free.

Romans 8:1-2 (TLB) So there is now no condemnation awaiting those who belong to Christ Jesus. ²For the power of the life-giving Spirit—and this power is mine through Christ Jesus—has freed me from the vicious circle of sin and death.

Romans 8:6 (TLB) Following after the Holy Spirit leads to life and peace, but following after the old nature leads to death



Romans 8:11 (New Life Version) The Holy Spirit raised Jesus from the dead. If the same Holy Spirit lives in you, He will give life to your bodies in the same way.

Galatians 5:22-23 (TPT) ²²⁻²³ But the fruit produced by the Holy Spirit within you is divine love *in all its varied expressions*: joy *that overflows*, peace *that subdues*, patience *that endures*, kindness *in action*, a life full of virtue, faith *that prevails*, gentleness *of heart*, and strength *of spirit*. Never set the law above these qualities, for they are meant to be limitless.

Galatians 5:25 (TPT) If the Spirit is the source of our life, we must also allow the Spirit to direct every aspect of our lives.

III. THE HOLY SPIRIT GIVES YOU POWER TO LIVE

A. You will receive power

Luke 24:48-49 (NIV) ⁴⁸ You are witnesses of these things. ⁴⁹ I am going to send you what my Father has promised; but stay in the city until you have been clothed with power from on high.”

Acts 1:4-5 (NIV) ⁴ On one occasion, while he was eating with them, he gave them this command: “Do not leave Jerusalem, but wait for the gift my Father promised, which you have heard me speak about. ⁵ For John baptized with water, but in a few days you will be baptized with the Holy Spirit.”

Acts 1:8 (NIV) But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth.”

B. The Holy Spirit will give you the power to experience the fullness of God

Ephesians 3:16-20 (NIRV) ¹⁶ I pray that he will use his glorious riches to make you strong. May his Holy Spirit give you his power deep down inside you. ¹⁷ Then Christ will live in your hearts because you believe in him. And I pray that your love will have deep roots. I pray that it will have a strong foundation. ¹⁸ May you have power together with all the Lord’s holy people to understand Christ’s love. May you know how wide and long and high and deep it is. ¹⁹ And may you know his love, even though it can’t be known completely. Then you will be filled with everything God has for you.

Ephesians 3:20 (NIRV) God is able to do far more than we could ever ask for or imagine. He does everything by his power that is working in us.

- Life provides the cup, YOU choose what it’s filled with