

I. INTRO

- A. Some of you need REST right now in your lives
- B. Today through the Word of God and the power of the Holy Spirit, I will try to aid you with how to find that REST
- C. Doesn't REST sound good?
- D. The God REST of rest, is not sleep!

II. GOD KIND OF REST

It is peace, peaceful, confident, stable, steady, fullness, refreshed.

Philippians 4:6-7 (NLT) ⁶ Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. ⁷ Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

III. It's complicated (but it doesn't have to be)

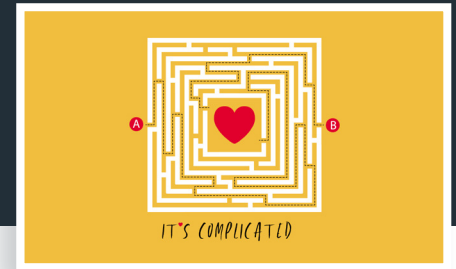
Hebrews 4:11 (NIV) Let us, therefore, make every effort to enter that rest...

Hebrews 4:11 (NKJV) ... be diligent to enter that rest

Our efforts are to accept the "grace" given by God to live the Christian life and principles through faith. It is not my righteousness (or yours). It is what Jesus did for us on the cross. When we believe it, we become righteous through faith, not by struggling to be perfect or holy or good. You can never be holy or perfect by struggling or trying. You will fail miserably. It is why some of you are so tired. Our "work" is to believe. That is how you enter into God's rest and you cease from your struggles.

IV. Complicated made simpler (BLT)

- A. Begin with GOD
 - God forgave me—I am going to forgive others—I will be tenderhearted—I will be kind to others.
- B. Learn to HEAR
 - 1) Still small voice
 - 2) Correction
 - 3) Peace
- C. Trust HOLY SPIRIT
 - 1) The Holy Spirit is not just something we say after God the Father and God the Son
 - 2) He is our **advantage**
 - 3) Living example of someone who said we want to follow His leading at EVERY turn—literally. **RENEGADE LIFE! VIDEO TESTIMONY**
 - 4) God knows how to make GOD things happen
 - 5) Lead you into TRUTH—Show you things to COME
 - 6) Jesus was led to the wilderness. Paul was led to prison. David was led to battle.
 - 7) Administrator in our lives of all that JESUS did



V. CLOSE

- A. The bookstore question—“What one book have you read that really impacted your life?”
- B. Stay with GOD

Johnathan—LETS GO!—Maybe God will act on our behalf

Daniel 3:16-18 (NIV) ¹⁶...“King Nebuchadnezzar, we do not need to defend ourselves before you in this matter. ¹⁷If we are thrown into the blazing furnace, the God we serve is able to deliver us from it, and he will deliver us from Your Majesty’s hand. ¹⁸But even if he does not, we want you to know, Your Majesty, that we will not serve your gods or worship the image of gold you have set up.”

LEARN TO **LIVE** UNDER THE PROTECTION of your FATHER.