



I. INTRO

A. We know Jesus as the ultimate teacher

Matthew 5:44 (NKJV) ⁴⁴ But I say to you, love your enemies, bless those who curse you, do good to those who hate you, and pray for those who spitefully use you and persecute you,

- BLESS
 - Begins with prayer
 - Listen
 - Eat – do life with
 - Serve
 - Story

Matthew 28:19-20 (NKJV) ¹⁹ Go therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, ²⁰ teaching them to observe all things that I have commanded you; and lo, I am with you always, even to the end of the age.” Amen.

II. TEACH US

A. Jesus taught his disciple’s many things ...

- Jesus taught his disciple’s many things, but they only asked to be taught one thing

Luke 11:1 (NKJV) Now it came to pass, as He was praying in a certain place, when He ceased, *that* one of His disciples said to Him, “Lord, teach us to pray, as John also taught his disciples.”

B. What do you think of when it comes to prayer?

C. What if none of this is the point of prayer?

D. Our prayer life can be defined by many things

Jesus didn’t teach a “model” prayer as much as He did a lifestyle of prayer

III. THE FLESH IS WEAK

A. The humanity of Jesus

Mark 14:32-34 (NLT) ³² They went to the olive grove called Gethsemane, and Jesus said, “Sit here while I go and pray.” ³³ He took Peter, James, and John with him, and he became deeply troubled and distressed. ³⁴ He told them, “My soul is crushed with grief to the point of death. Stay here and keep watch with me.”

Hebrews 2:17-18 (NLT) ¹⁷ Therefore, it was necessary for him to be made in every respect like us, his brothers and sisters, so that he could be our merciful and faithful High Priest before God. Then he could offer a sacrifice that would take away the sins of the people. ¹⁸ Since he himself has gone through suffering and testing, he is able to help us when we are being tested.



- Jesus knows, He has empathy and sympathy for us

Mark 14:35-36 (NLT) ³⁵ He went on a little farther and fell to the ground. He prayed that, if it were possible, the awful hour awaiting him might pass him by. ³⁶ “Abba, Father,” he cried out, “everything is possible for you. Please take this cup of suffering away from me. Yet I want your will to be done, not mine.”

- Jesus modeled and showed us what it means to have a relationship with God

B. Because the flesh is weak, watch and pray

Mark 14:37-38 (NLT) ³⁷ Then he returned and found the disciples asleep. He said to Peter, “Simon, are you asleep? Couldn’t you watch with me even one hour? ³⁸ Keep watch and pray, so that you will not give in to temptation. For the spirit is willing, but the body is weak.”

- That tells me that prayerlessness or weakness in prayer will expose me to temptation that I didn’t need to face.
- First and foremost, prayer is to be born out of relationship

IV. YOUR WILL NOT MINE

Mark 14:36 (NLT) ³⁶ “Abba, Father,” he cried out, “everything is possible for you. Please take this cup of suffering away from me. Yet I want your will to be done, not mine.”

- A. The key point in the Lord’s Prayer is “your kingdom and your will”
- We don’t always end prayers this way but it should always be our heart

B. What’s God’s will?

1 Thessalonians 5:16-18 (NIV) ¹⁶ Rejoice always, ¹⁷ pray continually, ¹⁸ give thanks in all circumstances; for this is God’s will for you in Christ Jesus.

C. Not continuously occurring but reoccurring continuously